



CLEVELAND INVITE 2016

To: Head Track Coaches

From: Kenny Henry, Head Boys Track Coach, Cleveland High School
Tim Flores, Head Girls Track Coach, Cleveland High School

Re: Cleveland Invite, Friday March 11, 2016

Entries: Each team will be allowed to enter up to three (3) athletes in each event. All entries will be made on Directathletics.com. The meet registration will remain open until midnight (12:00 pm) on Wednesday March 9, 2016.

The scratch meeting will be held Friday at 2:30 pm on the bottom floor of the Field house adjacent to the track. You may scratch athletes, but no athletes will be added.

We look forward to seeing you and your team at our meet.

Teams attending:

Cleveland, Alamogordo, Albuquerque Academy, Albuquerque High, Cibola, Highland, La Cueva, Los Alamos, Sandia, Sandia Prep, Valley, West Mesa

General Information

Inform your parents and supporters that we will be charging an entrance fee of \$3.00 for adults and \$2.00 for seniors and children under 12. **PLEASE LET YOUR PARENTS/SUPPORTERS KNOW this ahead of time as we do not want our volunteers harassed the day of the meet.**

Team camps will be in the aluminum bleacher area only. Athletes are not allowed in the chair back section. Please adhere to this.

Only officials and contestants will be allowed on the track infield. There are plenty of gates located in the track area, please do not have your athletes jump any fences.

Scoring will be 7-5-4-3-2-1 for individuals
10-8-6-4-2-1 for relays



Entries- 3 per event

Short spikes or flats will be required of all contestants. Starting blocks will be furnished.

The running surface, pole vault, long jump, and high jump are on an all-weather surface. Discus and shot put rings are concrete and the javelin approach is on grass.

Participants are requested NOT to wear spikes into the metal bleacher area.

The Cleveland High School administration and athletic department appreciates your participation in this meet.

Due to the size of the meet and the number of competitors, we will be utilizing hog lines in the throwing events in an attempt to stay within the time schedule. Please see distances below.

Boys:

Shot Put: 38'

Discus: 110"

Javelin: 120'

Girls:

Shot Put: 25'

Discus: 85'

Javelin: 75'

Additionally, with regard to time, the pole vault will start immediately at 3:00 pm. Athletes will not be allowed to take any more run-thrus or measure their steps after 3:00 pm. The girl's pole vault will start exactly 30 minutes after the conclusion of the boy's pole vault. All girls pole vaulters will need to get their steps and run-thrus done in the allotted 30 minutes.



CLEVELAND INVITE
MARCH 11, 2016

Time Schedule

2:30 PM	Scratch meeting in the field house	
3:00 PM	Field Events Begin— 4 ATTEMPTS NO FINALS	
	Girls Triple Jump	Boys Triple Jump
	Girls Discus	Boys Shot Put
	Girls High Jump	Boys Pole Vault
		Boys Javelin
5:00 PM	Girls Long Jump	Boys Long Jump
	Girls Shot Put	Boys Discus
	Girls Javelin	Boys High Jump
	Girls Pole Vault	

Rolling Schedule

3:30 PM	3200 Girls
	4 X 1 Girls/Boys to follow
	100 Hurdles girls
	110 Hurdles Boys
	100 Girls/Boys to follow
	800 Girls
	1600 Boys
	4 x 200 Girls/Boys to follow
	400 Girls/Boys to follow
	300 Hurdles Girls/Boys to follow
	800 Boys
	Medley Relay Girls/Boys to follow
	200 Dash Girls/Boys to follow
	1600 Girls
	3200 Boys
	4 X 400 Girls/Boys to follow

FYI: The second group of field events are scheduled to begin at 5:00 PM but may start earlier or later depending on when the first group finishes. In the event of poor weather, the running events will also start at 3:00 PM



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